

INTEGRATED APPROACHES TO HEALTH SYMPOSIUM

SEPTEMBER 18-21, 2025 SKOPJE

Symposium Venue

European University
Republic of Macedonia
Conference Room
Blvd. Saint Clement of Ohrid 66,
Skopje 1000, North Macedonia

SCIENTIFIC SECRETARIAT



EUROPEAN UNIVERSITY
REPUBLIC OF MACEDONIA

EUROPEAN UNIVERSITY - REPUBLIC OF MACEDONIA

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18 SEPTEMBER 2025 THURSDAY

08:30-09:00 Opening

09:00-12:00 AIRWAY MANAGEMENT

Moderator: Julius Gruber

09:00-09:15 Invasive Airway Management

Franz-Josef Nirscher

09:15-09:30 Role of Ultrasound in Airway Assessment and Management

Gabriela Stefanovska Balabanova

09:30-09:45 Awake Intubation in ER

Filip Stojanovski

09:45-10:00 The importance of Proper Positioning for Airway Management

Katarina Stavric

10:00-10:30 COFFEE BREAK

10:30-12:30 MECHANICAL VENTILATION

Moderators: Vesna Grivcheva-Panovska

10:30-11:00 Non-invasive mechanical ventilation

Julius Gruber

11:00-12:00 Fundamentals of mechanical ventilation

Alex Novak

12:00-12:30 Vascular access routes

Vesna Grivcheva-Panovska

12:30-13:30 LUNCH

13:30-17:00 MULTIDISCIPLINARY APPROACHES SESSION

Moderator: Roger Dickerson

13:30-14:30 Multidisciplinary approach to trauma and musculoskeletal health

Tevfik Erzincan

14:30-15:45 Current approaches to musculoskeletal pain

Tevfik Erzincan

15:45-17:00 Innovative approaches in Orthopedic and Rheumatology Treatments

Tevfik Erzincan

19 SEPTEMBER 2025 FRIDAY

INTEGRATED APPROACHES TO HEALTH SYMPOSIUM

9:00-10:00 Current and Ethical Issues

Moderator: Roger Dickerson

09:00-09:15 Is it ethical practice hypnosis in an emergency department

Franz-Josef Nirscher

09:15-09:30 5G Emergency Medical Practice under the “Smart” Emergency System

Salvatore Di Somma

09:30-09:45 Some Ethical Issues in Pre-hospital emergency medicine

Samir Smisim

09:45-10:00 Discussion

10:00-10:30 COFFEE BREAK

10:30-12:00 2025 GUIDELINE UPDATES

Moderator: Alisa Cantarero Fernandez

10:30-11:00 Diabetes 2025 update

Roger Dickerson

11:00-11:30 Hypertension 2025 update

Carlos Garcia

11:30-12:00 Gastrointestinal Diseases 2025 update

Özgür Şakir Keşkek

12:00-13:30 LUNCH

19 SEPTEMBER 2025 FRIDAY

13:30-15:00 General Emergency Medicine Session

Moderator: Andrea Kdolsky

13:30-14:00 Fundamentals of Emergency Health Services

Katarina Stavric

14:00-14:30 Pediatric Ocular Trauma and Emergencies

Alisa Cantarero Fernandez

14:30-15:00 Public Health Emergencies

Muhamed Elhady Muhammed

15:00-15:15 COFFEE BREAK

15:15-17:30 Obesity and Diabet

Moderators: Jan-Thorsten Grasner

15:15-16:00 Obesity and nutrition

Andrea Kdolsky

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16:00-16:45 Nutrition in hospitalized patients with polymorbidity

Yunus Coskun

16:45-17:30 Diabetic autonomic neuropathy

Simon Carley

20 SEPTEMBER 2025 SATURDAY

INTEGRATED APPROACHES TO HEALTH SYMPOSIUM

09:00-10:00 Critical Care Session Update

Moderator: Kerstin Schneider

09:00-09:15 What we are doing for the PSCC in emergency department

Gabriela Stefanovska Balabanova

09:15-09:30 Stent grafts in Emergency: challenges and achievements

Salvatore Di Somma

09:30-09:45 High Shock Index in the Emergency Room: What does It Mean?

Ann Merete Moller

09:45-10:00 Discussion

10:00-10:30 COFFEE BREAK

10:30-12:00 Cardiology Session Update

Moderator: Josep Brugada

10:30-10:50 Sudden Cardiac Death

Pedro Brugada

10:50-11:10 Aortic Dissection

Marija Vavlukis

11:10-11:30 If thrombolytic therapies are contraindicated in acute coronary syndromes

Josep Brugada

11:30-12:00 Discussion

12:00-13:30 LUNCH

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20 SEPTEMBER 2025 SATURDAY

INTEGRATED APPROACHES TO HEALTH SYMPOSIUM

13:30-15:00

PRACTICAL PERSPECTIVE ON COMMONLY USED DRUGS IN THE ELDERLY

Moderator: Alex Novak

13:30-14:00 Reflux and IBS drugs and practical use

Senad Tabakovic

14:00-14:30 Osteoporosis drugs and the elderly patient

Saravana Kumar

14:30-15:00 Painkillers and the elderly patient

Srinath Kumar

15:00-15:15 COFFEE BREAK

15:15-17:30 UPPER RESPIRATORY INFECTIONS

Moderator: Salvatore Di Somma

15:15-15:45 Differential Diagnoses in Upper Respiratory Tract Infections

Bora Kaya

15:45-16:15 Symptomatic Treatment in Upper Respiratory Tract Infections

Barbara Hogan

16:30-17:00 Discussion

21 SEPTEMBER 2025 SUNDAY

INTEGRATED APPROACHES TO HEALTH SYMPOSIUM

09:00-10:00 Health Care

Moderator: Paul Kivela

09:00-09:30 The Place of Combined Treatment in Upper Respiratory Tract Infections

Aurélie Vanheel

09:30-10:00 The effect of flu and cold on labour loss and solutions

Tamer Görgülü

10:00-10:30 COFFEE BREAK

General Principles in EM

Modetator: Aurélie Vanheel

10:30-11:00 Rational Drug Use Session

Paul Kivela

11:00-11:30 General Principles of Rational Use of Drugs

Richard Body

11:30-12:00 Closing

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